

## PREFACE TO GIFT



As part of my recent Go-Fund-Me Project to provide funding to complete a book that I am writing I am making a portion of the upcoming book available for viewing in advance of final publication. I apologize to the readers that this material has not yet received the complete professional proof-reading and editing of a final book product. Please note that this material is copyrighted and those accessing it may read it, but do not have permission to disseminate or make and give copies to others. If you know of someone who would benefit from reading this material please direct them to [www.davidwinfree.com/gofundmeproject](http://www.davidwinfree.com/gofundmeproject) or <https://www.gofundme.com/liftinghumanity> where they can read about the Go-Fund-Me Project and receive this gift.

The material covers two valuable sets of spiritual/metaphysical information, which will be highly useful for some people, who are at a certain point on their spiritual path. The first five pages, titled ***God, The Cosmos, and Us***, provides a comprehensive overview of the continuum of energy/consciousness from the level of GOD/SPIRIT to the level of each of us living in our physical world. It also introduces and defines key terms and concepts that are useful for understanding the pages that follow.

The remaining pages are titled ***The Spiritual Journey: Path of Ascension***. Some spiritual visionaries began visioning and writing about ascension during the 1800s, providing information on how humanity ascends and on how individual human beings ascend. In the last 20 years much attention has returned to this topic with much being written and placed on the Internet about ascending and ascension and about humanity going to higher levels or dimensions of consciousness. I have written down some of my thoughts and shared some of my illuminating experiences about transformation and ascension.

I also address and shed some light on the topic of **Initiation**, which has not been very clearly articulated in the past. I hope that each of you will find some nuggets that will assist you on your way or that will fill in some gaps in your understanding.

If after reading this, you believe that it would benefit others, I truly would appreciate your contributions to help me complete writing and publication of this book. Contribution information and the various ways that one may contribute are available at the addresses listed above.

Blessings Abound To You!

David Winfree

## GOD, THE COSMOS, AND US

**WHY DO WE REINCARNATE OVER AND OVER AGAIN?** Consider for a moment how a child grows into an adult and gradually develops skills and experience over the course of a lifetime. The young child wakes up each morning and goes to school. A day's worth of expression, experience, and learning takes place. In the evening the child goes to sleep for several hours. While sleeping, what was learned and experienced settles-in, assimilates, and integrates. The next day, the child goes back to school again and the cycle repeats day after day. By age 10 there are 3,650 days of experience and 3,650 nights of assimilation. If one lived into one's late 90s one's life would be composed of approximately 36,000 days and 36,000 nights.

Almost exactly the same thing takes place at the level of the Soul. Each lifetime lived, is the equivalent of one day in the life of the Soul. The Soul shines down a ray of energy that is filled with unique patterns that express and play out during one's life. The energetic essence of what is expressed, cultivated, experienced, and learned in a single lifetime returns to the Soul when one dies. The Soul assimilates and integrates what is received. The cycle repeats over and over. Thousands of lifetimes gradually contribute to the Soul's growing wealth of knowledge and understanding, and to the refinement of its capacity to lovingly, powerfully, and gracefully express its unique patterns upon the stage of physicality.

Each Soul is a work in progress just as each individual life on the physical plane is a work in progress. The spiritual journey begins when a slowly evolving and still relatively primitive animal species on the physical plane, attains enough mental and emotional capacity so that subtle impulses from a much higher level of consciousness can begin to be received and expressed. At first, the subtle impulses may only modestly influence the basic animal patterns and instincts. What is expressed in the first few hundreds and thousands of lifetimes will not immediately match the highest ideals that exist in Divine Mind to be expressed, but will gradually build toward those ideals. It is very much like the building of the great cathedrals in the middle ages, some of which were gradually built, by one generation of workers after another (over time periods as long as 200 years), until the envisioned idea was fully expressed in physical form. Keep in mind that while such cathedrals were being built there were periods when they looked very imperfect and incomplete. In the early stages, they did not look at all like the initial vision or the eventual full expression. The progressive development of the Soul takes place on a far longer and grander scale.

Each Soul has innate gifts, patterns, and capabilities that eventually blossom, just as a new born baby on the physical plane is imbued with certain capacities that eventually blossom. In the early stages of its development, the Soul, similar to an infant or a young child, has a very limited understanding of itself and its capabilities. In the early stages of its life, the Soul requires a degree of care, guidance, and direction from higher dimensions of consciousness, somewhat similar to the way that parents provide guidance and assistance to young children. It is not until many incarnations have taken place that the Soul obtains sufficient comprehension, whereby it begins to be an active conscious participant in its own development, and starts dynamically interacting with the portion of its energetic essence that is currently incarnate in physical form. The Soul blossoms in a progressive manner that in human terms would be similar to the stages of baby, toddler, pre-school, kindergarten, elementary school, middle school, high school, college, graduate school, post doctorate studies, project associate, manager, expert consultant, and finally a world leader in the Soul's unique field of expertise.

An incarnate human being is a composite being that consists of 4 closely corresponding energetic fields: (1) physical plane, (2) etheric plane, (the energetic template for the physical), (3) astral/emotional plane, and (4) mental plane. All of these fields reside in the same space, correspond closely with each other, and interpenetrate each other, but are metaphorically speaking, several octaves apart, with regard to density and vibrational frequency. With regard to matter, matter on the physical plane and subtle matter on the higher planes is merely various types of vibrations within the concentric interpenetrating fields. What's vibrating? The respective fields are vibrating. This is somewhat similar to the way waves and currents exist in an ocean. Waves and currents within an ocean are not separate from the ocean but part of the ocean. The water in the ocean is moving and vibrating. Likewise waves, fluctuations, and vibrations within a field are part of that field. Various types of

vibrations enable quantum, atomic, molecular, and cellular interactions to express, resulting in what we see as forms, relationships and interactions.

When the Soul sends down a ray of its light that is imbued with its unique patterns, it transmits a sequence of vibrations that merge with and influence the vibrations of the mental, astral/emotional, etheric, and physical fields, so that some of the Soul's essential qualities are expressed in varying degrees in those four closely corresponding fields. Thus, the embryo, fetus, infant, child, and adult develop simultaneously within 4 corresponding and interpenetrating fields, thereby becoming a composite, multi-dimensional being. Unless one is highly intuitive, all of one's focus tends to be on what is taking place in the physical field, although many aspects of one's being simultaneously exist on the other levels too.

**FROM WHERE DOES THE SOUL COME?** There are higher fields of energy/consciousness, beyond the Soul, from which the Soul comes. These higher fields are discussed below.

**SOURCE, SPIRIT, the FIELD, THAT, and GOD** – These are terms for the ultimate reality that is the foundation of all that exists. One can think of this ultimate reality as a vast ocean or field of Energy/Consciousness. The intrinsic nature of the FIELD is that it has the capacity for multiple sub-fields to exist and express within it. The sub-fields that exist within the FIELD do so because the innate qualities and characteristics of the FIELD are conducive to their existence. Within the Field and its sub-fields are a multitude of vibrations. The FIELD, SOURCE, or SPIRIT is not separate from any of the sub-fields, qualities, vibrations, or forms that express within it.

**THE LOGOS** - The LOGOS is the first aspect, level, or sub-field of the FIELD that is visible to clairvoyant sight. (Some might even consider the Logos and the FIELD to be the same thing.) A few of the most highly gifted clairvoyants are able to see this first level of expression within the FIELD. To them, the Logos appears as a blazing light or an enormous sun. It is like a powerful pouring out of energy, whose vibrations ripple out, shaping everything within it. In ancient manuscripts it is known as the eternal word that speaks all things into existence. It is almost as if the energy and consciousness of the LOGOS creates a vast space within itself and expresses subfields of energy/consciousness within that space. The LOGOS or Logoic Field can be thought of as the expression of SPIRIT or as SPIRIT expressing. According to the clairvoyant, Cristo Bowers, the Logos appears to be filled with vibrational patterns, almost like seed forms, ideas, or templates that are eventually expressed as a multitude of interacting forms, patterns, and relationships within the various subfields that exist within the Logos.

**THE MONADIC PLANE AND THE MONADS** - The LOGOS shines forth myriad rays of energy/light/consciousness into the first subfield within it (called the Monadic Field and/or the Monadic Plane). As each of the myriad rays of the Logos shines into the Monadic Plane, the exquisitely subtle vibrations of that sub-field cohere together to form a sphere of energy/consciousness. There are myriad of these spheres, each of which is termed a Monad. Each Monad is an individuated aspect of the LOGOS and each Monad contains a unique seed pattern or signature vibration from the LOGOS. In the early stages of a Monad's eons-long existence, it may appear dormant or only shine its light in a rather passive way, until at some point a critical threshold is reached. When that happens, the Monad becomes very dynamic and powerfully expresses its unique vibrational quality. Even when relatively dormant, some of the light of each Monad and its unique patterns shine into the next two subfields below/within the Monadic Field/Plane. One could almost imagine the myriad Monads as a vast field of projectors, projecting rays of light with unique patterns into the next subfields.

**AKASHIC PLANE** – The next subfield within/below the Monadic Field/Plane is the Akashic Field. The very fine vibrations of this field form a vast grid of gossamer lines of energy/light, passively waiting to be patterned. One of the terms for this field is the Field of All Possibilities. The energetic fabric of this field has the potential to be energized and patterned in myriad ways. However, all possibilities do not play out, but only certain ones, because beams of Logoic and Monadic light are projected into the grid, patterning and energizing the grid in very specific ways with Divine Archetypal Patterns from the Monads and/or the LOGOS. That which is patterned into the grid becomes a vibrational template, framework, or stage within which specific types of expression will take place and play out on the Egoic, Mental, Astral/Emotional, Etheric, and Physical planes,

which are the sub-fields within or below the Akashic Field/Plane. Within this vibrational framework, specific patterns, forms and relationships will express.

**EGOIC PLANE AND THE EGOS** - The ray of light and unique patterns from each Monad shine through the Akashic Plane into the next subfield beyond, which is called the Egoic Field. When the ray of light from a Monad, shines into the Egoic Field, the subtle vibrations of this plane cohere to form an individuated sphere of energy/consciousness known as the Ego. Each Ego is imbued with the unique vibrational patterns and qualities of a specific Monad. The role of each Ego is to shine the unique patterns within it down into the lower subfields, where they will play out in complex interactions and relationships upon the mental, astral/emotional, etheric plane and physical planes. **Other names for the Ego are the Soul, Higher Self, Luminous Body, Causal Body, Divine Self, or Augoeides.**

Please note that the Ego described here is not the problematic, selfish, ego that is the subject of so many recent spiritual and psychological writings and teachings. Each Ego is a vital manifestation of a specific ray shining down from the LOGOS and the Monad.

The Ego (or Soul) seeks to express and impress its unique Divine qualities and patterns in form-relationships, thereby experiencing, learning, loving, and harmonizing with the larger whole in a vast process that takes place over the course of thousands of incarnations. The Ego sends down a ray of its Divine light and its unique patterns, again and again, into the incarnating Personality, which is a composite being that exists upon the lower mental, astral/emotional, etheric, and physical planes. Each of us human beings is a Personality. Each of us is an emanation of the Divine Light from the Ego (Soul) on the Egoic Plane engaging in a temporary round of expression, in physical form and activity, during a physical human lifetime, which is like one day in the life of the Ego (Soul).

**WHAT IS THE SOLAR LOGOS** - Logoic Light encompasses and exists throughout the vast Universe. When we observe the vast Universe we see that there are trillions upon trillions of stars and solar systems. Each individual star and solar system is encompassed by a great concentration of Logoic Light (energy/consciousness). In the case of each star, the concentration of Logoic Light extends out in a vast sphere that reaches far beyond the outermost planets of each individual solar system. Each spherical concentration of Logoic Light, encompassing each solar system in the Universe, constitutes a special cell or subfield of Logoic Consciousness within the Universe. Each such cell is known as a Solar Logos. Each Solar Logos influences and guides the development of all within it. Our physical Sun and Solar System are the expression of our Solar Logos on the physical level. It would be a reasonable metaphor to speak of the physical Sun and Solar System as being the physical aspect, expression, body, or vesture of the Solar Logos upon the physical plane. The same metaphor is applicable for the other levels/fields in our Solar System (i.e., the Monadic, Akashic, Egoic, Mental, Astral/Emotional, and Etheric Fields). The Solar Logos is essentially the GREAT SPIRIT of which some indigenous peoples speak. The Solar Logos brings forth, vitalizes, and guides the expression of the archetypal patterns and seed forms that are within it.

**FIELDS WITHIN FIELDS** - The UNIVERSAL LOGOS shines forth in, as, and through each Solar Logos. There is also that which is called the Planetary Logos. What some people refer to as Gaia, the Spirit of the Earth, is a sub-field of Logoic Light within the Solar Logos. Each Planetary Logos of each planet in a solar system is like a miniature Solar Logos that focuses on guiding the development of life upon that planet. Within the Planetary Logos are many kinds and levels of Devic/Angelic Beings who play an intelligent role in guiding the development of the specific species and ecosystems on the planet. It is important to note that there are many ways in which the different subfields and levels of existence intersect, overlap, and interact. Nothing is as separate as some might think. There is a vast all-pervading unity and we are all aspects of a much larger whole.

**THE UNIVERSAL OR COSMIC LOGOS** - The UNIVERSAL LOGOS is filled with the archetypal patterns that will be expressed and brought to fullest blossom and fruition across the fields of Logoic expression. The Solar Logos, Planetary Logos, Monads, Egos, Devas, and incarnate Personalities all play a role in bringing forth the fullest degree of Logoic expression across all of the planes of existence. It is as if there was an image or idea of a Grand Mosaic in the Mind of God and the vast universe is being expressed so that over the course of many cycles and incarnations, that image or idea will be brought to full expression. Every Solar Logos is given a part of the Grand Mosaic to express. Within a Solar Logos, each Monad and Ego is given a portion of the Grand Mosaic to express. Every Personality has a part to play in the grand expression, with unique patterns to be cultivated, refined, and expressed. In some ways it is like a concert that is practiced again and again until it reaches the highest degree of expression.

One might wonder where the archetypal patterns in the Logos come from. In ancient India, it was thought that the Cosmos/Universe or SPIRIT/SOURCE went through eons-long cycles of expression and quiescence. The archetypal patterns within the LOGOS appear to be either (1) seed forms from previous rounds of expression that have been integrated and assimilated during the quiescent period and are now ready for higher, fuller, or more diverse expression or (2) innate qualities or aspects within SPIRIT/SOURCE that emerge as patterns and forms within the Logoic Field at the inception of each fresh, new, expressive phase of the ongoing Cosmic Cycle. It cannot be emphasized enough that GOD/LOGOS is highly, highly, highly expressive and that there is a vast receptive awareness and intelligence within GOD/LOGOS. The overall nature of the vast expression that takes place arises innately, from within, and is propelled forward from the highest levels and is highly purposeful and intentional. Active expression and receptive awareness of what is expressed are aspects of an essential unity and are not two separate things. We and all things are aspects of THAT essential unity.

**THE PURPOSE OF EACH PERSON** - Each Personality is given portions of the unique archetypal patterns that are in its Monad and Ego to express. Expression continues lifetime after lifetime, attaining ever greater fullness, more pure, more refined, more harmonious, more expansive, more loving, more delicate, more diverse, and more powerful until all that is to be expressed has reached its Zenith and the Grand Mosaic in the Mind of God stands complete. The work of each Personality is to fully align itself with the Archetypal Patterns that it incarnated to express. As a Personality does this, its communion and sense of connection with the Higher Dimensions of itself, the Ego, Monad, and Logos grows. The higher dimensions empower the Personality to express the highest, as it seeks to do and be the highest that is possible. The Personality feels ever deeper unity, oneness, fulfillment and satisfaction. When this reaches the highest degree of expression, merger begins to take place between the units of consciousness. The Personality seeks to merge with the Ego. The Ego seeks to merge with the Monad. The Monad seeks to merge with the Logos. Depending on many different factors, merger can begin at one of the above points and then spread to the others.

As noted earlier, the Ego and the Monad tend to awaken and become dynamic over a long period of time that can extend across thousands of lifetimes of slow evolution, before full awakening, full expression, and merger with the higher dimensions is reached. However, if certain conditions or factors are present one may go beyond slow evolution and begin experiencing rapid transformation. There are several crucial factors related to this, three of which are stated below.

- 1) The Personality awakens sufficiently in this life to become a conscious participant in its own growth and transformation.
- 2) The Personality does all in its power to understand and express the archetypal patterns that it came to express and to remove from its life all that would impede their expression.

3) If the Personality relies on itself, it will not get far, but if it sends out a pure, intense, and persistent call for transformation, it is possible for it to receive enormous transformation, perhaps enough to vitalize and activate the Central Channel and Higher Chakras much sooner than would ordinarily be possible.

## **OUR ENERGY FIELDS**

SPIRIT / THAT

LOGOS (Cosmic/Universal, Solar, and Planetary Aspects)

MONAD (Monadic Plane)

AKASHIC FIELD/PLANE

EGO or SOUL (Egoic Plane)

PERSONALITY (A composite incarnate being on the mental, astral/emotional, etheric, and physical planes, influenced and vitalized to varying degrees by the light/energy/consciousness and unique patterns of the Ego)

## **A SPIRITUAL JOURNEY: PATH OF ASCENSION**

The following events begin in November of 2014, at a pivotal point on my spiritual journey. I had been working closely, for several years, with Cristo Bowers, an extraordinarily gifted clairvoyant and very close friend. I had received clairvoyant insights from him periodically for about 4 years. Most people go to intuitives to help them with issues related to career and relationships, I went to Cristo to obtain insights pertaining to spiritual growth and transformation and how these are expressed in the human energy field. I also used his insights to increase my understanding of the Divine gifts and patterns inherent within me, connect more fully with the higher dimensions of myself, and understand and remove anything of a subtle energetic that stood in the way of my fullest spiritual transformation. I wanted to understand the energetic aspects of myself from the Personality all the way up to the Logos.

For SPIRIT to express it has to express in, through, or as something. All that is expressed, space, energy, consciousness, patterns, qualities, vibrations, and forms exist in intimate interrelationship and continuum. All of these are aspects of an interrelated, interwoven whole, so that when any aspect shifts or transforms, it is reflected and expressed in the others. As consciousness rises to higher levels energy and form shift and transform. This chapter addresses how the human energy field shifts as consciousness ascends.

For most of the first two years that I utilized Cristo's insights, the focus was on eliminating limiting beliefs, improving the function of the major chakras, from the Crown to the Root, and connecting with some of my most important Divine Archetypal Patterns. During the third year (2013), there was an intense focus on activating the 8<sup>th</sup>, 9<sup>th</sup>, and 10<sup>th</sup> chakras above the Crown Chakra and connecting with and activating the more than 30 archetypal patterns that exist in these chakras. I also began working on developing the Central Channel, the energetic cord or conduit between the Crown Chakra and the Monad. When I first started working on this, the higher portions of the Central Channel, above the Crown Chakra, existed in me, as they exist in most of humanity, as little more than a faint energetic trace, hinting at something that will eventually become a powerful energy conduit. The energetic thread that runs through this space tends to be very thin during the first few thousand incarnations. Usually, it requires thousands of lifetimes for it to develop into a powerful column of light that brings the Personality into full communion with the Higher Dimensions. However, it can be developed within a single lifetime, when all of the conditions for its development are available and fully met.

Throughout the fourth year (2014), with my Central Channel now developed all the way to my Monad (although not yet completely clear, pristine and fully functional), I was intensely focused on bringing the Monad from a state of passive, dormant inactivity (as it is in most of humanity) into a far more highly activated state, so as to achieve a dynamic interaction between the Monad and the lower levels of my energy field (the lower mental, astral/emotional, and etheric subtle bodies, and the physical body), that constitute the incarnate Personality. The fourth year also saw the publishing of my book, *The Evolution of the Human Energy Field and Humanity's Ultimate Destiny* and my first presentation at a major spiritual center, the Lily Dale Assembly in New York, the first time that I presented outside of Southeast Michigan.

Throughout 2013 and 2014 Cristo kept telling me that I was pushing the envelope. From his perspective, I was trying to do in one life, what he perceived would normally take hundreds or even thousands of life times of slow evolution to accomplish. Based on his observations of thousands of people, he assumed that such rapid transformation was not possible and therefore tended to not expect any enormous transformations to take place. As significant transformation continued to take place, he appeared to be quite surprised.

Significant progress was made during the fourth year, but as of November of 2014, I had to face up to the fact that progress on bringing the Monad to a state of dynamic activation was taking much longer than I had envisioned. Only a trickle of Monadic Energy was coming down the Central Channel to vitalize the lower levels of my energy field and the Monad was far from being highly activated. I wondered if it were really possible for full activation of the Monad to take place in one lifetime.

In 2013 and 2014, Cristo had loaned me books, written by two great clairvoyants and metaphysical writers of the past, Charles Leadbeater and Geoffrey Hodson. Some of these books alluded to certain stages of spiritual development and certain initiations that take place on the journey of ascension. To initiate means to start something fresh. With regard to spiritual work, initiation means that one is lifted to a new stage or level of spiritual consciousness with a consequently greater capacity for service.

Geoffrey Hodson spoke of the act of initiation according to his understanding of how initiations had taken place in some spiritual communities in the past. At an appropriate point on one's spiritual journey, two highly evolved beings would stand on either side of one and the Solar Logos, or an emissary of the Solar Logos, depending on how far along one was on one's path, transmits transforming energy into one, thereby lifting or initiating one to the next higher evolutionary stage or level.

Some of the ancient accounts speak of the initiate being touched by a rod of initiation. I intuited it was not a physical rod, but an energetic ray or column of light, although a physical rod may have been symbolically used in the past, in some initiation ceremonies. (*Cristo had from time to time described to me how he would sometimes see beings of light [typically termed devas or angels] appear in the center of healing ceremonies, as tall vortices or columns of light, emanating healing energy to those present, and that he perceived the vortices or columns to be the Central Channel of those great beings.*) Based on the above information, I intuited that such a column of light touches one and superimposes itself over one's own energy field and/or over one's Central Channel, at the time of major initiations, transmitting high vibration energies, and thereby transforming and aligning various aspects of one's energy field, chakras, and Central Channel, so that one is raised to a higher level of consciousness and greater capacity for service on the path of ascension.

I am not very much into ceremonies and rituals. They simply do not appeal to me. But, I found the idea of initiation, of receiving a major uplift, very appealing and I started to think about it more and more. I wondered how it might happen. Does one receive a message to be somewhere at a specific date and time? Does it happen in a dream? Does one journey in a subtle body to a higher realm or does it take place right here?

In the week, just prior to November 17<sup>th</sup>, I went out, and feeling myself to be at a deep impasse, I prayed, that God would initiate me and speed my transformation. I asked to be accepted as a vessel in which God would dwell, be present, and actively express, upon the Earth. I asked to be assisted to be of the greatest possible service for the rest of my life. I asked that God would remove any unhelpful aspects of my life and Personality so that nothing would impede the Divine Presence and its fullest expression. I gave myself to God. It is not that I had never prayed such a prayer before, but this time it was far beyond all prior similar prayers in depth and sincerity of intention. It was as if all the prior prayers had been small steps toward praying this prayer.

I asked for God to send two great Divine beings to stand beside me and that God, the Solar Logos, or whatever emissary of Highest Divinity was most appropriate transform me with Divine Light, and initiate me to be of greater service. I felt a major transformation taking place. I experienced it mostly with my claircognizance and felt a great amount of very bright, powerful, high vibration light. It seemed that I had been heard and my prayer answered. I knew that something of enormous magnitude had taken place.

It was just a day or two later, on November 17<sup>th</sup>, that I had an appointment for an energy reading by Cristo. The last time that he had read my energy was three months earlier, when I had been on a high. My book had been published. My presentation at the Lily Dale Assembly was very well received. My archetypal patterns were being expressed. My chakras were doing great.

I drove to the November 17<sup>th</sup> meeting place. I decided to say nothing to Cristo about what I had just experienced. I wanted to see if he would be able to intuit it. When I got there my first question was how my chakras, from the Crown Chakra to the Root Chakra, were doing. He described them one by one. He indicated that many of them were more closed and less functional than just a few months ago. There had been several challenges and short-term setbacks since August. My book was selling slowly. Proceeds from events were barely enough to pay for the cost of promoting and presenting the events. Some setbacks had taken place in the prior week, leading me to the deep sense of impasse and to the prayer for initiation that I had prayed. Most of what I was hearing from Cristo was disappointing and reflected little progress being made.

I then asked him to look at the image in front of my Right Eye Chakra, which tends to indicate how one views one's self as a Personality, essentially from the perspective of everything below the Crown Chakra. Cristo looked and conveyed to me that the image he saw in front of my Right Eye Chakra was that I saw myself as a failure, someone who had not accomplished what they set out to do. The realization that there was literally a part of me that perceived me in this negative and limiting manner was disheartening. Realizing the meeting was almost three quarters over and feeling very disappointed with all I had just heard, I realized I had not asked anything about the higher energetic dimensions of my being above the Crown Chakra. The following is the record of what took place from that moment to the present day.



## NOVEMBER 17th 2014

**DAVID:** So how is the Monad doing? Is it more lively or more connected with the Personality or the Augoeides? **CRISTO:** *(After a long pause)* Yeah, there is more information...I find this interesting! *(Cristo drew a round circle to indicate the sphere of the Monad. Cristo then drew three smaller spheres within the Monad. Then he drew two lines extending downward from the Monad to indicate the sides of the Central Channel.)* **CRISTO:** There are 3 points of major activity and the center of the Central Channel is a hot conduit! So this is really hot! And it's interesting because ... I mean this is very, very active...the Central Channel. It is vibrating so high, and parts of the area around it are vibrating sympathetically with it. These (three spheres) appear to be activated by what I call Devic Beings.

**CRISTO:** Does that resonate with you? **DAVID:** Yeah. **CRISTO:** Yeah? Tell me how?

**DAVID:** Well, I asked them to! Umm yep! *(Chuckling and holding myself back from expressing the great exaltation that was rising within, I literally felt like jumping onto the table and shouting for joy!)*

**CRISTO:** Yeah it's pretty cool what I see them doing, and if I did not see this, I would not believe it. You could say that each of these spots is connected to a Devic Being who is ministering unto your Monad. *(after a long silence)* You know, a good friend of mine once said...something like this...that God will respect or honor a contract with you when you offer yourself...Do you think? *(long pause)*

*(I swiftly asked another question so as not to be completely overwhelmed in the emotion of moment. He had mentioned seeing some white lights scattered through my energy field, which he had not seen before. I asked if he could tell me what they were. )* **CRISTO:** I understand what these little white things are. These are seeds, seed ideas that are resonant with the ministering of the Devas. I am lead to believe that they are ideas that are resonant with ...you know... ideas in your Monad. So what happens are that these are the seeds of radical transformation? I don't know how else to describe it. But you are getting what you wish for. I mean, I have never seen this before! And I doubt that it's something that happens often. So I would be beyond pleased to know that there were Devic Beings who were ministering unto my Monad and that these vibrations are showing up in your energy field. *(Then as the meeting drew to a close he reiterated.)* Your Monad looks pretty incredible, like Wow!! I have not seen that before, and Devic beings who are ministering to it!

*(I thought to myself, "This is what was taking place when I prayed for initiation and sensed that my prayer being answered. And the transformation is not over. It is still going on." Just before I left, the conversation turned to the Great Transformation Workshop Webcast Sessions that Cristo and I were planning to begin in January of 2015. I was keenly aware that I had been experiencing unusually rapid transformation over the last few years. The workshop was designed to give people a jumpstart that would help them begin to transform more swiftly, by providing them with the types of insights and techniques that had been highly beneficial to me. I was wondering how much transformation might be possible for other people to experience in a relatively short period of time and how many sessions we should ideally provide to give them a substantial transformative boost. I expressed the following to Cristo.)*

**DAVID:** I want to help people transform in huge and radical ways... the people who want to transform. I consider myself a test case or a pioneer. I would like for other people in the world, who would like to move in this direction, who would like to be activated by Devas, who would like to be of service, to realize the extent to which it is possible in a relatively short period of time. That's what I really want to accomplish, to teach, and to achieve in the January classes, to help those who are able to aspire to something really high to attain it. That's what I aspire to and what I am trying to do is to get

a good grip, as good a grip as we can ...through my own experimentation ...on what is reasonable to offer these people and the vision that we give them for their own transformation.

*The above excerpts and all of the following are brief highlights of some of the most interesting portions of the monthly sessions that I have had with Cristo since that time. I provide them because they are so visually graphic and will help people to envision and understand what was taking place. My own experience, as the months went by, was that I felt increasingly, clear, connected, and empowered. I literally felt hundreds of times more whole, fully connected, and merged with God. Cristo's insights illuminate what was going on at an energetic level during that period of time. Time after time, I would feel a great energetic shift or uplift and then a week or so later Cristo would describe how it was showing up to his perception in my energy field.*

*I realize that the people who read this will be at different stages in their evolutionary journey. Some, who are at a certain point, will not be able to receive it and will be put off by what is being shared. To them, the things related here will seem out of proportion, beyond reach, or it will appear to them that I am just trying to build myself up. Other people may feel insecurity, when what I share does not match with some of the religious or philosophical concepts that they hold.*

*Other readers will perceive what is being shared as valuable, encouraging, timely information that will greatly benefit them on their path. I share the magnitude of what has taken place so that you will know what is possible for yourself and others. I am not here to veil the magnitude of what has taken place, so that those of limited perspective will accept and approve. I am here to tell you clearly what has taken place in me and what therefore may also take place in you. My desire for you is that your vision be lifted to the highest potential that the Divine Mind holds for you in this life and that that potential will be fully actualized and manifested in you! I want each reader to realize how amazing it is that God can take what is offered, even if it is only very little, perhaps just the willingness to be transformed, and make something out of it!*

*Much transforming work was still needed to be done in many areas of my life. The Personality upon the lower levels needed to consciously align in ever greater degree with what was taking place at the higher levels. In each meeting Cristo provided many valuable insights that I proceeded to work on diligently throughout the ensuing months. Many shifts and transformations took place week by week and month by month. There were some things that I had to diligently focus my intention, prayer, and actions on for several months before they resolved or transformed. Other things shifted very swiftly. What is shared in this chapter is not so much about all the work and transformation that was being done at the level of the Personality, but about the shifts that were taking place throughout the higher levels of the energy field, the vibrations of which then tended to challenge, shift, and express in the Personality.*

*One thing that I especially want the readers to know with regard to the image in front of my Right Eye Chakra and the internalized perception that I was a failure (spoken of earlier) is that how we think and perceive and judge things can be very different from how God perceives them. A part of me, at the level of the Personality, thought that I was a failure, but the Divine Mind looked at it from a different perspective.*

*Another thing that I especially want each reader to know is that how swiftly these changes can take place. It is as if when a certain amount of obstruction is moved away and certain beneficial things have been set in place, and once a certain momentum is attained, a critical threshold is reached and the transformation, which was previously slow, now takes place at an amazing pace.*

*I am not suggesting that transformation will take place in the same manner for everyone. I am not suggesting that readers should simply believe everything that they read. I do hope that readers will realize that this information is well-intended and that readers will give consideration to what is written here and see if there are some parts that will broaden their understanding and assist them on their journey.*

## **December 1<sup>st</sup> 2014**

*The session began with me asking Cristo to elaborate on the transformation that he saw taking place in the Monad and especially regarding the energetic seeds that he had seen in my energy field in the previous session, about two and a half weeks before. He started by noting that he had no prior experience in examining such things, but that he would look and see what he could find. He contemplated for a while before speaking. Then he said what he saw each seed to be and wrote it down.*

### **LIST OF EIGHT SEEDS**

S1 To share my voice with humanity.

S2 To see all things as Divine

S3 To put one's self in contact with Divine mind

S4 To be an Avatar, a Divine Being Incarnate, a full incarnation of Divinity

S5 To transmit energy to bring things into alignment with the highest ideas in the Divine Mind

S6 To be in my own space of contemplation – holy space or temple

S7 To be received/recognized.

S8 To merge into God or the Logos.

*Cristo went on to explain that the three spherical areas of Devic vibration in the Monad were rippling out into the area around the spheres. He also noted that any motion in the Monad tends to ripple out and impact all of the other portions of the energy field, such as the 11<sup>th</sup> Chakra, 10<sup>th</sup>, 9<sup>th</sup>, 8<sup>th</sup>, 7<sup>th</sup> and so on.*

**CRISTO:** If this is your Monad (*drawing a small circle*), and this is the Logos (*drawing a much larger circle*). I see that your Monad is basically, like an eye, staring into the Logos. From what I gather from this, there is a sense of merging of the Monadic Identity into the Logoic Identity and you know, a sort of bridging of the gap between these two spaces such that they are identical. **DAVID:** That's it! Yep! **CRISTO:** Yeh? **DAVID:** Yeh! Absolute! (*Laughing happily!*) That is how I felt and that was what it felt like I was experiencing in my meditations. **CRISTO:** So that's what I see going on with the Monad. I mean as far as I can tell, its face is turned toward the Logos. I see it as an action, an intention, an interest, a desire.

*(I asked if Cristo could provide me with more information about the 3 devas that were activating my Monad.)* **CRISTO:** So let's see, you know to me, they are essentially the rays incarnate. That's what I believe I see. That's the only thing that I can really see or say. So if God is consciousness, God's parts have consciousness. So sort of like those rays would be communing with you, your Monad.

*(I asked if there was any intensification of activity since last time.)* **CRISTO:** To me, it looks like there is an increase in vibratory activity or rate of vibration. So, in some sense the current appears to be higher. I find it surprising that the universe really is so plastic (*responsive/flexible*). You know Christ said, seek and ye shall find, knock and it shall open unto you, and I think that it is a true statement, from what I can tell. I think when there's a sincere desire to serve that it is felt.

*One of the things that Cristo strongly emphasized during the session was that it was not enough to merely have the eight seeds of radical transformation placed into my field. He said that for them to fully grow and blossom it was necessary for me to be planted in fertile soil conducive to the growth of the seeds. I realized that when he spoke of fertile soil, he was speaking of my energetic environment. Our energetic environment is constituted of many things at many different levels. One of the greatest factors is the energetic resonance of the people that we interact closely with, our tribe, our closest friends and family. Imagine people as complex sets of vibrations. The vibrations of each person, place, and situation can be synergistic, in-synch, harmonious, resonate, and mutually enriching. Alternatively, the vibrations of some people, places and situations may be of a type that is not nearly so synergistic, harmonious, and enriching. I wondered what life changes might be necessary and where and what the most suitable fertile soil might be so that the seeds would fully blossom. We discussed my concern that potential conflicts might arise in some of my relationships and circumstances, if I were to fully embody what the seeds were seeking to manifest. I asked Cristo to tell me what part of the world would be the most fertile soil.*

**CRISTO:** You know, this actually is what comes back. (drawing Florida and highlighting the Southwest side) I have no idea what is there, but when I engage it psychically, it's like a Gold Coast.

#### **DECEMBER 14<sup>th</sup> 2014**

*At the beginning of the session, I asked Cristo to look at the Monad to see if its activation was beginning to influence the Ego and Personality. **CRISTO:** It's my belief that the Monad, on its own plane, is more active than what I have seen anybody else's Monad. I think that the Monad's consciousness is turning on its own plane of existence and I think that's pretty significant. (He went on to say that it appeared to be marginally influencing the lower levels.)*

#### **DECEMBER 29, 2014**

*On December 29, 2014, we met again. Cristo said that he had been examining my energy for some time and intuited my spiritual name to be Mon Tsuki, which means The One Who Puts On the Robe with the Family Crest. He suggested that I meditate on that. It was immediately clear to me that the Family represented is the Family of Humanity, and that the Crest represents the Highest Evolutionary Vision and Intention for Humanity that is held in the Divine Mind. It seemed to me that Cristo had determined the right name, because whenever I hold it in mind and focus on the meaning, it feels like I am surrounded and filled with golden light.*

*I then asked Cristo to look and see what the current state of the Monad was, if it was activating to a greater degree, and if the Devas were still there. **CRISTO:** It's still vibrating! I mean I look down and these lines are pretty strong. (He was referring to some lines of energy that he had described in an earlier meeting as extending down from the spheres of Devic activity in the Monad and conveying into the Personality energetic vibrations related to some of the seed ideas.) They have the feeling or the sound of high tension wires. It's almost as if there is an incredible quantity of energy that is coming down...I consider it to be a thawing of the Central Channel. (The Central Channel had been developed in the previous year, but the quality of it was not yet to the level that would enable the highest level of function. The reference to "thawing" meant that the subtle matter that comprised it was being shifted or vitalized into a more optimal/functional state.)*

*Further into the conversation: **CRISTO:** That's interesting! Tell me this! I hear this idea of ascension, integrating into God, or Jivanmukti. Are you familiar with that term? **DAVID:** I have heard it.*

***CRISTO:** Jivanmukti is freedom while you are still alive. Liberation while you are still alive.*

*Integration with God. Do these things make sense to you? **DAVID:** Yes. **CRISTO:** So this channel is essentially a channel between the Monad and the Personality. And it's clearing.*

**DAVID:** And as far as the Monad looking toward the Logos, when do those two things (the Monad and the Logos) merge? **CRISTO:** That's interesting! So if this is the Sun (*drawing a circle representing the Solar Logos and another representing the Monad*), remember how I have always talked about a conceptual point on the sun from which a ray shines forth and brings forth a Monad. It's when the Monad fully embodies its unique archetype, that it then fits back into here (*he pointed at a point in the Solar Logos*). They form a unity at that point. Does that make sense?

**DAVID:** Yeah, it almost ceases to be a ray. It's like a point of the Logos. **CRISTO:** Oh, here's what it is. Its separateness ceases. Once they are harmonious, then the Monad fits back into here (*the Logos*).

**CRISTO:** Does that make sense? **DAVID:** That's a lot of transformation!..(*laughter*)

**CRISTO:** Well it's really cool! Because to me it's like a clear understanding! It's like OH! (*We were both ecstatic because Cristo had just realized and elucidated a major new understanding pertaining to the relationship between the Logos and the Monads.*) **CRISTO:** I think at that point the Monad would be taken up into the Solar Logos and its purpose would be done. **DAVID:** Its always been what I wanted. That's pretty neat, that you can want something and you get it! (*laughing*) **CRISTO:** You've wanted to merge or..? **DAVID:** Union with God. Yes! Union with God! **CRISTO:** So, that makes sense when the more that you can embody the Monadic Archetype...the more ultimately you come into union with this (*the Logos*).

**DAVID:** Do you see any other people who are experiencing this right now on the planet? Could it be that there are a bunch of us or am I a somewhat lonely point of light, getting all of this attention from these Devas? **CRISTO:** It's a harder question to answer. I mean I think that it happens, but I don't think that it's exactly common. I don't think it's common at all.

**DAVID:** Can't you see if there are a few others out there who are getting lit up? **CRISTO:** I'm looking through the collective consciousness...people just have different ways of being lit up... although they generally follow this system, it looks like there are some with like...one sphere of (Devic) activity inside of their Monad. **DAVID:** That's neat that some other people are getting Devic attention! **CRISTO:** Well, they're getting something! I'd have to research it and see what it is.

**DAVID:** We've gone through 2012 and everybody is still beating the drum that there's been a huge transformation and so forth. **CRISTO:** Well I think it is a matter of invocation—evocation! I also think it's one thing to pray for change, it's another ...to participate.

## **FEBRUARY 2, 2015**

*I met with Cristo for another session on February 2, 2015. I immediately asked him to look at the activity of the three Devas and the degree to which the Monad was activating. Cristo noted that the diameter of the Devic activity in each of the three spheres seemed to be about the same, but that the overall vibratory activity in the region around each sphere seemed to be much increased. The vibratory activity taking place within the three spheres was spreading out and stimulating and vitalizing more of the total area of the Monad. Pointing to the top half of the Monad, Cristo noted that it now appeared to be active in a way that he had never seen it be active before. He said that the top half of the Monad seemed to be sending out a signal that seems to be incorporating these other spheres of activity into its sphere of activity.*

*I had been hoping, praying, and intending for the top half of the Monad to become fully active and had envisioned and intentioned for additional Devas to come for that specific purpose, so I asked Cristo, if*

*it was another sphere of Devic activity. Perhaps a fourth sphere of Devic activity was causing the top half of the Monad to light up.*

**CRISTO:** I would call it the ray of Logoic Light. *(He paused, for several seconds, examining it intently)* It is because you have been focusing on the Logos and the Logos has picked up your call or frequency. **CRISTO:** It is sort of like what Alice Bailey wrote about invocation and evocation, in which there is a call followed by a response. So you have called and now there's this response *(he drew a thin thread-like line from the Monad to the Logos)*. You could say you have sent out this little signal...and now here comes the signal back *(he drew a broad, powerful beam of light moving from the Logos to the Monad, completely encompassing the thin line that was moving toward the Logos)* and it's focused here *(a sphere in the upper portion of the Monad)* and that's why it's causing this sphere to vibrate like this. I think that people think of the Logos as being out there... and disinterested, but I don't think so. I think the Logos is aware of any intent focus on it and any intense activity.

*The beam of Logoic Light was activating the large sphere of vibrational activity in the top half of the Monad, and that as that sphere vibrated with great intensity, it was bringing the three spheres of activity in the lower half of the Monad into vibrational harmony with it. The enormity of what was taking place filled my mind. This went far beyond my prayer for a fourth Deva. The Logos itself was taking action, directly stepping-in to activate, guide, and influence the awakening of my Monad!*

**DAVID:** To what degree is the Monad lit compared to most Monads, a 50 watt bulb compared to a 2 watt bulb, or what? **CRISTO:** I do not know if this makes sense or not. I would say that compared to an average Monad, this is hundreds of times more active than the average person that I have looked at. There's really hardly any comparison. How can you take a speck of sand as being the level of activity of most people and compare it to a beach? It just doesn't make sense. The proportions are so different.

### **March 25th 2015**

**DAVID:** The degree of unification between the Monad and the Logos, any comments on that? Is it about the same as it was before? **CRISTO:** I'm just looking of how best to phrase this. I mean the only thing I can really say is that the longer the Sun shines on any object, the more that object is brought into vibrational harmony with the Sun. The only thing that I can really say with any certainty is that the Sun is rather intently shining down upon your Monad and it is vibrationally aligning the Monad with the Logos. This is hard to quantify. I would just make the statement that it is shining on your Monad and there is a degree of harmony that's being worked out. It's in process, right now.

**DAVID:** I am taking from what you just described that the Monad's activation is considerably further along than it was seven weeks ago? **CRISTO:** Yeah, I mean I think that that's true. You know, one thing that I am noting here... I am asking what's going on here? Monad... Logos... Personality... When I ask what's happening, I see an image of you essentially contemplating all three of these parts together. Is that true? **DAVID:** Yeah. **CRISTO:** So, it seems to be working! **CRISTO:** I think that it's... I mean in some way you are holding these three objects in relationship within your consciousness. It seems to be bringing these into vibrational harmony.

**DAVID:** The Central Channel, is it blocked or lacking full capacity between the Monad and the Base Chakra deep in the Earth? **CRISTO:** There seems to be a shift and your Central Channel is showing up as really clear to me today! Which I find, highly, highly, highly, highly unusual! There is one spot. But, this is like the inside of a hose. It's really clean! It is like a clear, crisp spring or autumn morning.

*The ongoing transformation was showing up in my life in various ways. One of them was a growing capacity to transmit healing energy. Following are three interactions where Cristo shared his insights regarding how that was developing.*

**DAVID:** I have been sending a lot of energy to a lot of people. I mean, I work at it diligently! And some of the folks that I have been sending energy to appear to be having some Kundalini arousal going on and some are feeling very energized and some have experienced some dizziness.

**CRISTO:** Let me just take a look once...(very long pause)...You know, I believe I see it as a pinkish... whitish energy. You can sort of understand what that means intrinsically... Unconditional Love (the pink), and this idea of God Energy (the white), and I think that what happens is that the vibratory state of that energy sort of sweeps into them and begins to cause their fields to vibrate in harmony with this type of energy and their field rarifies and energy can begin to course! **DAVID:** Okay. And this energy that is coursing, what energy is that? **CRISTO:** I'd say it's a normal Life Force. You know, Prana! You could say that the energy flowing through each of the subtle bodies, the mental, the emotional, the physical, the flow of it would be considered Prana, I think, at each of these levels. I think that could bring forth incredible types of healing! You know! Freedom! Restoration, right! At each of these levels of consciousness! I like it! It feels very clean to me!

**CRISTO:** If I look and ask the question "Why is Kundalini being drawn up?" What I get a picture of the activity of the Crown Chakra...that this almost becomes...what I hear is almost like a sucking sound—that is it is functioning so high that it begins to draw up, almost as if with a straw, the Kundalini! I think it's definitely supportive! It's like taking a spinning top that is leaning and giving it additional force so that it stands up and then that supports the flow of energy through these different levels of matter. It's like shooting an arrow through several hoops. Well you really can't do that very well, if the hoops aren't aligned. Right? You know, there's no way to shoot an arrow four different ways at one time. So you align them and shoot straight through and I think this energy facilitates that!

#### **April 9, 2015 Great Transformation Workshop**

**CRISTO:** *(As he spoke to those who were attending the workshop remotely by webcast)* So I have just spent some time transmitting energy to you ...and I want to share this with you, as I am sitting here and my eyes are closed, you know I am very sensitive to my environment, and so I am sitting here beside David and as I am engaging your energy fields, I suddenly see his field turn to this bright white and I see this Devic figure come into his field and begin to radiate energy outward toward you in sort of these rays or spokes and I just found that interesting that these energy patterns were so clear, so vivid, so white that it should be acknowledged! Yes, It was pretty amazing! I think of myself as not easily impressed (gently laughing) but I think that that was pretty impressive!

#### **April 13th, 2015 Advanced Energy Healing Session**

*During his Advanced Energy Healing Webcast, Cristo was speaking of the eons long process of the opening of the Central Channel via multiple lifetimes to finally attain the degree of opening and alignment between the Monad, Ego, and Personality that would enable the transmission of Monadic Energy through that aligned being into the energy fields of people for their healing. After Cristo had provided transmissions of various energies, each addressing a specific need (including Monadic energy transmitted from his Monad), and had begun to teach, he paused and said, "Actually, this is pretty incredible. Because this is the first time that as I've looked out over the consciousness of those in attendance that I have actually witnessed somebody else transmitting Monadic Energy, which I find pretty incredible. You know, I know a lot of people, but I don't really know of anyone who functions at that level, but I am led to believe David that you were transmitting Monadic Energy. Can you tell me if that's true?" I responded in the affirmative. Cristo continued, "So, you have achieved that which I*

*find pretty incredible! I have watched David make progress that would normally take human-beings hundreds of lives, if not thousands of lives to make, because of his diligence and one-pointedness, and I really think that he in many ways is a shining example of dedication.”*

*The capacity to be a transmitter, conduit, and facilitator for all sorts of Divine Energy has grown tremendously since that time. When I facilitate healing sessions, I encourage all who are present to serve as energy conduits for the vibrations that are being disseminated. I also invite the presence of Divine Beings beyond the physical realm to join with us and share their healing capabilities. Intuitives who have attended the group sessions state that they see or feel vast amounts of energy being transmitted outward from the healing circle to humanity around the Earth and to the Earth and to all the life upon it. It also seems that those who have attained to a certain stage of openness or ripeness for transformation are able to receive far more transforming energy than those who have not evolved or opened to the same degree. In other words, due to a variety of factors, some people seem to be able to receive more readily than others.*

#### **APRIL 20<sup>th</sup> 2015**

**CRISTO:** You know, this is what comes back. I see at this point, your Monad, being here, sort of on or in the surface of this Sun (*Solar Logos*) and the border that would normally define or limit your consciousness...it looks to me as if that border is actually breaking down. **DAVID:** Wow!

**CRISTO:** So, like, if you could imagine that there's an ice cube and it's not frozen all the way. There's just a shell and there's water inside, right? You drop it into a cup and it begins to melt and the sides begin to dissolve or disintegrate. When I look, that's what I see. The borders, the boundaries of the physical Monad (*the subtle matter of it*) are beginning to melt away and merge its identity into the identity of the Solar Logos. **DAVID:** It's what I have always wanted! (*laughing*) That's SWEET!! That's GREAT!!

**CRISTO:** That's what you've always wanted? **DAVID:** Yeah! **CRISTO:** Tell me about that?

**DAVID:** I've always wanted to be merged with God! **CRISTO:** Okay. **DAVID:** No separation, what so ever! **CRISTO:** Well, it seems to be... It looks like it's occurring... I find it interesting that it's not out or away, but, it's like sitting in the surface. I don't know how else to describe it. It's like sitting in the surface of the Solar Logos! **DAVID:** Wow!! That is good news! Thank you!

**DAVID:** Is the Central Channel at full capacity or is it blocked at any point?

**CRISTO:** You know in the higher chakras, it's more to me like a vortex. It's like a wide mouthed vortex and then it narrows down and somewhere near your Solar Plexus it becomes limited. It's at that level that the functionality becomes compromised, but if you look at it, it does look like a vortex up in the area of the higher chakras.

#### **May 18<sup>th</sup> 2015 Session**

**DAVID:** So, how's the Monad and the Logos doing? **CRISTO:** Your Monad seems to be almost sending down, like if I look at this, it looks like vibrations. So, if you can imagine almost what you'd see is like a UFO and a light beam, like a cone of light... and imagine the light vibrating as it is shining. It appears to me to be bringing about merger. **DAVID:** Of the Personality or the Ego?

**CRISTO:** Personality. **DAVID:** So, this is the Monad doing this? **CRISTO:** Correct.

#### **JUNE 4<sup>th</sup> 2015 SESSION**

*Again I inquired about what was taking place in the higher levels of my energy field.*

**CRISTO:** You know this is essentially what I see immediately. These 3 spheres of light, inside of the sphere of the Monad, Devas or Spiritual Beings, you know. I mean I think it is interesting because as soon as I touch this area, I see images of Florida... and the point is that I'm hearing like (*he*



*emphatically struck the table with his fingertips as he said each syllable) “WHY ARE YOU NOT HERE NOW?” “WHY ARE YOU NOT HERE NOW?” That’s essentially what I am seeing and hearing. Yeah it’s like, this is how I normally speak (speaking very softly and matter of fact) This is how I would normally see it in my own consciousness (holding his hand up and looking at in a matter of fact way). But, now it’s like this. (He forward and held his hand out and thrust it forward several times dramatically toward my face) It’s like LOOK! LOOK! LOOK! It’s really emphatic! I think there is obviously something important here!*

*Cristo then touched again on the 3 Devas sharing more about how they looked to him.*

**CRISTO:** So these look like Devas. They look like angels. And this would almost be like their hearts (pointing to the three spheres of Devic activity that he had drawn). That’s what it looks like to me.

*I told Cristo that I was been trying to schedule some events in Florida, since several months earlier, when he had told me that Southwest Florida lit up in his consciousness as the place I needed to be, when I asked if there were any places on Earth that energetically matched best and had the highest degree of synergy with the work and service that I am to provide. It had come up a number of times in conversation with him since that time. But, I had not yet received any positive responses to the churches and centers to which I had made proposals to do presentations. I said, Florida is a pretty big place, do I just drive down or do I try to move in a measured manner and schedule some things. Why haven’t I received responses to my efforts, so far? Cristo said that he thought there was a matrix of energies there and it would be necessary for me to go and immerse myself in that matrix in order for things to come together. Due to concerns about family and money, I felt that to immerse myself I needed some specific destinations where I could do presentations and hopefully make money to pay for the cost of the trip. I tripled my efforts to schedule some events. By mid July, I had scheduled several events within an 8 day period in the month of August. Eight days was not a very long immersion, but it was definitely a start.*

### **July 2<sup>nd</sup> 2015**

*Cristo indicated that the condition of the Monad was about the same. However, he perceived that change was taking place at the Egoic (10<sup>th</sup> Chakra/Soul) level. He said that the 10<sup>th</sup> Chakra appeared exceptionally robust. He used bodybuilder terminology to express it, saying that it looked pumped-up, like it was on steroids. He then went on to compare it to the way that the average person’s 8<sup>th</sup> Chakra, which tends to be the size of a walnut, when highly activated, can increase to the size of a basket ball or even larger. He noted that something very similar was taking place with my 10<sup>th</sup> Chakra. He also noted that the colors within it, instead of being diaphanous, as usual, were now more pronounced and that the Mother of Pearl nature of it appeared to have more definitive striations.*

*I considered this to be very good news, as I was always looking to see how the things that were going on at the Monad level were rippling down and impacting the Egoic Level and the Personality Level. From the perspective of the Personality, it felt like much was shifting and there was a continuing sense of growing in strength at an energetic level, almost like having a lot more spiritual muscle. It was good validation to hear that he could see and describe the energetic structure of what I was feeling.*

### **July 30<sup>th</sup> 2015**

*Cristo noted that more of the Monad was dissolved or merged into the LOGOS. He also noted that there was a vortex of energy rising from the sphere of the Ego toward the Monad. This indicated that the Ego was actively reaching up toward the Monad. The right hand side of the Central Channel, in which some densification had been taking place, was now clearer and more open from the Crown Chakra down to the feet. Cristo noted that the Personality seemed to be highly subsumed in busy-ness,*

*and suggested the Divine Presence would stand out more clearly at the level of the Personality if I were less busy.*

*From roughly May 2015 to December 2015 a large portion of each of my sessions with Cristo did not focus just on my progress, but on my investigations into the nature of a human being's awareness of God, or Divinity, and how Cristo perceived different well known people to have evolved, transformed, and experienced awakening, illumination, and enlightenment. We investigated all sorts of famous people, past and present, including the founders of great religions, those who have been recognized by others as being great saints or ascended masters, gurus, and other spiritual teachers. I would ask Cristo to look at various aspects of their evolution via the structures of their respective energy fields, and the degree of merger at the various levels.*

*I also worked diligently on clearing and vitalizing my Central Channel, especially the right hand side of it, which turned out to be quite challenging. Sometimes it would improve toward the top, bottom, or middle, and at other times portions of it would seem to revert to a denser, less clear state. I also did much work regarding ongoing concerns about tribe/family (those close to me and their expectations of me), clearing the disruptions that would frequently show up in my energy field, when the patterns and circumstances of my current life seemed to constrain or constrict the rapid energetic transformation and expansion that was underway. Cristo, noted on a couple of occasions that it was as if the higher dimensions were dragging my transformation forward, while my Personality attempted to hold the pre-existing framework of its life together.*

*In one of the sessions I asked Cristo to specifically ask a very High Intelligence, who is said to play a key guardianship role in the development of humanity, what I most needed to know or what was holding me back that I needed to address. The answer came back, "That I would not let go." Cristo then used the example of a monkey who has its hand in a jar holding onto something and is imprisoned and not able to move freely because it refuses to let go of what was in the jar. He implied that I was trying to move ahead on a path of transformation while simultaneously trying to hold onto and not disrupt the old patterns of my life, and that doing this was keeping me from freely and powerfully moving forward on my path of service and transformation.*

*Near the end of August, I flew to Florida to give the presentations that I had scheduled. The reception was so warm that I found it amazing. People were urging me to come back and even telling me they would provide me with lodging, if I needed it, when I returned. It was like this is what my life is meant to be! I wished that I had moved forward much more swiftly.*

### **SEPT 3<sup>rd</sup> 2015**

**DAVID:** Can you look at the Logos, the Monad, and the Ego and tell me if there is anything different, if there is progress? **CRISTO:** There appears to be progress in the Monad, with it being even more melted. (*Cristo also drew an image of the Ego, showing that the vortex of energy that had previously been rising from it toward the Monad was now far more vastly expanded than it had been a month before.*)

*In this session, I gave Cristo a map of the United States and asked him to indicate any places other than Southwest Florida that he intuited that I should visit and focus effort. He indicated several places and noted that he perceived Florida being sort of my home base of operations. He saw me going out and presenting and making contacts in New York and also in Washington, Oregon, and Northern California. This forms sort of a triangle and he saw me visiting many places along the general lines of that triangle in the coming years.*

*I had only been back from Florida for a few weeks, when three of the centers that had invited me to give presentations in August, along with a fourth new center, invited me back again to do presentations in November. One of them, the Cosmic Center of Spiritual Light in Sarasota, scheduled Cristo and I to present a four day program called Four Days of Transformation. It was so amazing that only one year before, I had done my first 3 hour event outside of Michigan, and suddenly I was doing several events outside of Michigan. My first trip to Florida was 8 days. My second trip to Florida was 18 days. Two wonderful people provided lodging. Many people asked me to return and several volunteered to provide lodging when I did.*

### **October 1<sup>st</sup> 2015**

**DAVID:** So, I guess the key question is, how is the Central Channel in general, and particularly the right hand receptive awareness side and are there any improvements? **CRISTO:** There's an intense point of light in the middle of your Monad and there is actually a vortex that has formed that seems to be connected with the "heart" of your Monad. (*This is the first time I had heard him use the term "heart" in this way.*) This is what I would call the heart. It's the center...and so when I look at it, the downward channel from the Monad down through the Personality, it seems to me to be relatively free of obstruction. **DAVID:** It feels that way.

**CRISTO:** Are you seeking to pull down Logoic Light into your system? **DAVID:** Yes! **CRISTO:** Then that makes sense to me. And, I don't see a problem with that. I'm just curious. **DAVID:** I'm just seeking to maximize the merger into the Logos to the maximum degree possible and embody it.

**DAVID:** So, the next question is to what extent has the Monad merged further into the Logos and at the current rate is there much left to go? **CRISTO:** There doesn't seem to be a lot of the structure left. So, I would define it this way. It's like this heart...you could say it is quickening, or opening, and that causes vibratory influence to move up and through. So, it's kind of like there's a degree of resonance between the heart of the Monadic Chakra and the Solar Logos. There's some kind of vibration that goes back and forth that's increasing here (*drawing a figure eight between the heart of the Monad and the heart of the Solar Logos*) whereas before it seemed ... I look at it in two slightly different ways. One is taking an ice cube and throwing it into a glass of warm water. The other is sort of heating it from within. And now it seems to be heating more from within than what it previously had. That's how it seems to me to be.

*I asked if there was anything that I could do to increase the pace of the merger of the Ego with the Monad and Logos. I noted that last time, he saw the Ego as a really big vortex and asked if that was still the case and is there any way that I could increase what was taking place?* **Cristo:** It does appear to be really big. I haven't seen a 10th Chakra be so large. I haven't seen that structure (*the vortex*) prior to your situation. It's like looking at an 8<sup>th</sup> Chakra that looks like a walnut, and then having it go through, oh, now it's the size of a baseball, and now a softball, and now it's a basketball, or larger.

**DAVID:** How many highly evolved people are there on the Earth right now, incarnate, from the perspective of having 6 lines of force or more complete, you know 5, 6, approximately half of the 12 Lines of Force or more complete. **CRISTO:** I would say between 150 and 200. I'd say that 150 to 175 would be more accurate.

**DAVID:** Next question. How many highly evolved people are there on the Earth right now from the perspective of opening the Central Channel up to the Monad? **CRISTO:** The number that keeps coming up is between 6 and 10.

**DAVID:** The next question is what percentage of people have a bright, clear, almost continuous sense of the luminous presence of the Logos within? *(This question assumes that there are many degrees to which people can be enlightened and have an awareness of what may be called the luminous presence, or God, or the Logos, or the irreducible ground of being. This question focused on those at the farthest end of the spectrum, such that the degree of awareness is clear, bright, and continuous.)*

**CRISTO:** The number three comes back. My understanding of what you are asking me is “How many people are deeply connected, and aware, and participating in the luminescence of the Logoic Light?” The idea is that they experience the Solar Logos as basically their identity. **DAVID:** Like hour to hour, moment to moment. **CRISTO:** I’d say that there are three and that their consciousness is very, very, very expanded.

**DAVID:** The next question is and I assume that this does not happen very often, but when you look at my Monad dissolving into the Logos and you look at El Morya, D.K., or Koothumi, and what you have described taking place in with them, how many people do you perceive have had their Monads merge or are actively merging back into the Logos, either now or within the last ten thousand years? *(I had asked Cristo on other occasions to look at spiritual teachers from current times and also across the ages and detail to me the nature of their energy fields and in some cases whether he perceived their Monads to be on the surface of the Logos and the degree to which their Monads were dissolving or dissolved.)*

**CRISTO:** I mean that there are...I am going to say “many” to that question. **DAVID:** You have also indicated that you don’t consider that merging back into the Logos happens very often. How many are significantly merging right now. By that, I mean that if you were to look you would describe it and say their Monad is seated in the Logos and it is melting away. Can you come up with some number?

**CRISTO:** My belief is that there are maybe a couple thousand that are merging. **DAVID:** And some of them may be doing it quickly and some may be doing it over several lifetimes. **CRISTO:** It is largely slow. I mean there may be two, three, or four who are really driving forward with some force and some significant results, but I really think that the bulk of them are slow.

**DAVID:** What do you perceive to be the primary factors in the merger of my Monad into the Logos and, do you consider them to be reasonably repeatable for other spiritual aspirants? If others followed the same path, would they likely have similar results? **CRISTO:** Well, I think that part of it is that you have a natural desire to merge with God. So, you could say, you know...you have a person who has a car, a family, and these things are things that they are energetically attached to and since we know that energy follows thought, if you are attached to God, and you don’t have all of these other attachments, you are going to be able to evolve much more quickly. So, I think that it is repeatable, depending on what a person’s aim is...what their motivations are.

**DAVID:** And if you have that strong focus and if you proceed scientifically, as we have discussed, and if you have somebody’s help like yours, you can make pretty good progress. **CRISTO:** Well, I think so. The thing is, look at all the people we have talked to and so few are even willing to even sit down and meditate regularly, because it is not a part of their archetypal matrix or make up. But, I think that if a person has a strong enough desire, that is enough to begin to break some of these other attachments.

**DAVID:** There are probably a few million people on the face of the Earth who are spiritual and there are spiritual aspirants that attend retreats and that meditate a lot and so forth. What’s keeping them from moving ahead and merging? There are millions of them who sit and meditate nearly every day.

**CRISTO:** I would say the nature of their motivation. They are not really attached to God. They are just wounded by materiality. I mean I've seen it so many times. Their motivations are not toward God. I think they are just hurt, wounded.

*My additional thoughts regarding the above are that many people are looking for peace, stillness, and calm in their meditations, which is not quite the same as a deep desire to merge with God and the vast expressive nature of God. All too many people who meditate are not intently holding a high vision of offering service or of expressing their Divine Archetypal Patterns or of ascension or merger. All too many are deeply immersed in and focused on the current patterns of their lives, so much so that it prevents great transformation.*

*Many do not comprehend the full nature of God, especially the Expressive Aspect. All too many attempt to focus their awareness on the void, stillness, emptiness, or awareness of being aware, not understanding that God is not just vast formlessness and awareness, but that God is also highly, highly, highly expressive. Yes, one can focus intently on emptiness until one's mind is filled with it and that seems to be all there is, but this is somewhat like tuning to a radio frequency where nothing is playing or going to an empty desert area and thinking that because your mind is filled with it that that must be the highest or ultimate reality. Merging into God is merging into all aspects of the Divine Nature, the Luminous Presence, vast Expressiveness, Receptive Awareness; and the all-pervading unity of all that is unexpressed, all that is still, all that is empty, all that is full, all that is expressed, that which expresses, and that which is aware.*

*There is something about offering one's self to be of service and desiring the Divine to fully express itself within one that Divinity hears, receives, and responds to with an intensity that is not apparent when one does not have such deep desire. Many people desire to be of service or to merge with God and begin to move toward it. As one moves toward it one may be aware that there is a certain hesitance or holding back. As one presses forward, there is greater purification and intensification of intention. Eventually, this becomes a very clear, pure, and powerful prayer.*

*The following focuses on how swiftly the billions of Monads that constitute the collective of evolving humanity may evolve. The primary interest here is not to evolve swiftly simply for the sake of evolving swiftly. Rather, it is to help lift humanity to attain a higher state of conscious expression, beyond the current tumult, conflict, and pain that is so prevalent at the current stage of evolution. However, evolving swiftly does have certain rewards and some will find it very attractive to evolve as swiftly as possible into a vastly expanded range of awareness and vastly greater capacity for bright, beautiful, powerful expression. Those who need to spend more time at a specific point on their evolutionary journey will be able to do so.*

**DAVID:** You mention that when you look into the future, you see human beings evolving for a long time yet to come. You know (according to you) we are 27% (evolved) and maybe in another 3,000 life times we are at 50% and another 3,000 and so on, and finally we get up to 100% after 10,000 or 12,000 lifetimes. What I am wondering is do you not see any acceleration or do you just see a continuous linear evolution. I mean if I were to bring out the things we have talked about in my own experience, could it be a spark that would cause humanity to evolve faster?

**CRISTO:** Yeah, I think that there can be. When I look at the whole of humanity there are people out there whose 12 lines of force look like this (*gesturing in a manner that indicated a few half formed spokes coming out of an umbrella, indicating not very evolved*). We are talking about a collective movement. What I have seen recently is that people who are evolved at the Crown Chakra, basically,

they represent the Crown Chakra of humanity. So somehow their actions and the way they intersect with unevolved humanity results in the growth of the others.

**CRISTO:** But each one's mind has to be unfolded enough for them to receive that information and be able to grow with it. So, I do think that there are parts of it that can be sped up. But there are parts of it that can't be reasonably sped up. Yogananda talks about Luther Burbank and how he took a walnut tree and made it produce at 10 years, instead of 20. You know, we can encourage certain things to bloom earlier, but they all have their limits I think. You can only stretch things so far. It's only so plastic.

**DAVID:** So, if you have someone with only a thousand lifetimes they are probably going to have to live another 2,000, or 3,000, or 4,000 lifetimes, before they are ripe to proceed more swiftly.

**CRISTO:** The image that comes to me is of a toddler. I mean you can't teach a toddler to learn advanced trigonometry or logic, nothing can work. It's just a matter of allowing more days to bring it into a state of maturity to be able to receive the concepts. Within that structure though, there are going to be people who are going to ascend or open, who resolve their process. But, I think that for the bulk of humanity, it is a slow, slow ascent.

*At this point, it is important for the reader to understand that just as one's life on earth is comprised of 365 days in a year and just as many thousands of days during the course of a full life, the life of the Ego (Soul) unfolds and develops over thousands of incarnations upon the Earth. Each lifetime is like a single day. Each day and each lifetime is an incremental sequential part of a vaster whole. It is also important to understand that the degree of development and learning that can take place in a single day or single lifetime, may be relatively miniscule or absolutely enormous compared to other days and lifetimes. In the infancy of a Personality and in the infancy of the Ego, development takes place relatively slowly in the initial days and lifetimes. Once a solid foundation of experience is in place, there is potential for development to proceed more swiftly, toward ever higher levels of awareness and expression.*

*However, the focus of this book is not about evolution, but transformation. It is about moving beyond the ordinary. I have received so much extraordinary Divine Assistance in the course of my life, and especially in the experiences that I have related here, that I would encourage each person to not gauge their hopes and expectations for transformation on the average of humanity or on one's current state, but to focus on how much transformation could be possible if great Angelic Beings were offering their assistance to help accomplish it and if the Logos were pouring out its power and intention to transform and lift one higher. This greatly changes the equation of the degree of transformation that is possible in this life.*

## **NOVEMBER 5<sup>th</sup> 2015**

**DAVID:** So is there anything new going on with Logos, the Monad, the Ego, or the Central Channel? (Cristo proceeded to describe seeing two Divine figures, sort of like a Higher Self and an even Higher Self, one of which he saw within the space of the Monad and the other which he saw beyond the Monad, deeper within the space of the Logos.)

**CRISTO:** The Monad looks like to me like there are four plates. You know, otherwise it's all open. So essentially there are 4 plates. (Like 4 remaining thin edge pieces of a melted ice cube, on separate sides with all else being melted away.) Everything else is pretty much open. The 10<sup>th</sup> Chakra looks like there is a huge vortex associated with it. It is sort of grabbing for the Monad and it seems to be pretty consistent with what we saw before.

So, what I see is that if this is the Solar Logos (*drawing on paper*). This would be the Monad sitting inside of it. You can almost imagine that there is this space that it is sitting inside of, right? I see sort of a Christ figure here (*within the Monad*). I'm going to say Christ figure, because that is sort of what it looks like. A robed figure... and when I access it, what I think I understand is that you are asking the Solar Logos to essentially descend into you. That would be my theory. So, basically I see you petitioning the Solar Logos to come into you and also essentially calling on sort of like a Higher Self located within the Solar Logos to call you upward.

*I asked him to describe more about what he meant by a Higher Self within the Logos calling me upward.* **CRISTO:** You know to me, it seems like this David, that there are a series of descending spheres. Each one of these spheres represents an aspect or body of consciousness. So, each one represents an aspect of Self, or a Self at each level of consciousness. So, what I believe that I am seeing is that inside of the Solar Logos (according to the idea that I just indicated) there is a Solar Self. So you are essentially saying, "Solar Logos, I am asking you to come down and descend into me the Monad and activate me all the way down." It has opened up and is essentially asking to merge with all that is. "Come into me. Merge with me. Incarnate into me....things of that nature." And the part of you (*another Christ figure*) that's here in the Solar Logos, the Solar Self, is saying to the lower self, "Come up to me!" This is the first time I am seeing something like that. And, I am trying to get a good clear read on it.... And I do believe that there is potential for that to be the case, that...why would there not be a Solar Self? If there is a Monad and there is an Ego, which represents the Higher Self, why would there not be a Solar Aspect?

**DAVID:** Yeah, Yeah, I mean, I pray all the way up to the COSMIC LOGOS. I... (energetically directing the thought to Cristo, not articulating it in speech – that I seek to go as high in my thoughts and prayers and aspirations as I can possibly go.) **CRISTO:** Well as long as you are throwing prayers, right?

**CRISTO and DAVID In Unison:** Yeah! Why not?

### **DECEMBER 3<sup>rd</sup> 2015**

**DAVID:** Is anything going on with the Logo, the Monad, the Ego and the Central Channel that is different than before. **CRISTO:** You know this is different... You know normally there is the Sun (*Solar Logos*), and then we have talked about the sort of the remaining outline, or the dregs of the Monad, and how this (*the Monad*) has been like an empty shell (*with only the remaining outer edges of an ice cube that has almost entirely melted away in the middle*). You know what's interesting? Here today, this shell is actually a Golden Orb. This is what I am seeing, the Central Channel is what I am going to call "Super-Charged", going down to about the 9<sup>th</sup> Chakra. So, there's the idea that there is a lot of intensity in this Orb, so that is something quite different than before.

**CRISTO:** You know to me David, what it looks like is that this Orb is really brightly lit and it looks like the 8<sup>th</sup> Chakra (*which can take a on a brilliant, expanded appearance when highly activated.*), except that this is happening at a much higher level. When I look inside of it, there's a sense of "*The One Who Goes Forth To Elevate The Consciousness Of Others.*"

**CRISTO:** It looks remarkably similar to the manner in which within the Primary Archetype there is an image of a figure (*Cristo has frequently described seeing a figure that looks like a Divine Being, when he looks at the Primary Archetype, in the area between the 8<sup>th</sup> and 9<sup>th</sup> Chakras*). That's what it looks like. So, what is causing this? You know, I think it is about feeling really deeply compelled to move forward as an agent of transformation. So, for some people, it becomes conceptual and I think that there is a lot of conceptualizing or theorizing, but I think that something has animated you to be more

active. But, yeah, this is very interesting! There is the big Sun, the Solar Logos, and now within it there is like a miniature Sun. It is like material that has finally caught fire!

*I then asked if he saw anything going on with the Ego (10<sup>th</sup> Chakra).*

**CRISTO:** You know, essentially what I see is an image of you blessing the world around you.

**CRISTO:** Regarding the Central Channel, there is a sense of energy cycling and rushing down the Central Channel from the Monad on one side and of energy rushing back up (between the Monad and the Personality) on the other side. It seems to be cycling. This energy could be coming out your chakras, but I do not see this happening. So, I think it's sort of a track that is just running in place. I think that with this much energy, it should be flowing outward in the world and be given expression. He noted a hazy cloud from about my Crown Chakra down to my Solar Plexus Chakra and said that the meaning within the cloud was that "I feel inhibited. I feel limited."

*(Cristo perceived another hazy cloud, extending from approximately my Crown Chakra to my Root Chakra.)* **CRISTO:** The meaning I perceive is, "I am trying to stop my ideas, my creativity, my heart."

These chakras are productive. That means they are producing force. There is idea force, there is creative force, and there is heart force. And what you are ultimately saying to them is "I am going to tone you down. That way you are not so present in my life, creating chaos." If I were to allow my mind to produce thought and my creative will to exert itself, and my affection to arise and connect, then I would probably find myself in Florida, throwing all caution to the wind. So, I think I get it. This is about the connection between Spirit and self (*the strong sense of Self and dynamic vitality at the higher levels are invigorating the innate sense of Self at the lower Personality level of consciousness*). You are feeling really connected and really feeling very alive. And then there is the question of what am I going to do with feeling this alive? What am I going to do with it? How am I going to limit it or modulate it? This is what I hear and see in your field at the Root Chakra. "I want a home where I am accepted, and where I belong." The implication is I don't have that! I yearn for that! I look for that! But, I do not have that, and I am not there creating it."

*Cristo then proceeded to look at my chakras from the Crown to the Root, noting that I was holding back the energy from the higher levels that should be pouring out of them. I then asked him to focus as high as he could on the Logos and Monad and ask them where I should be. He said that once again that they were pointing to Florida as my home base and that he was again hearing the same words as before, "Why Are You Not Here Now? Why Are You Not Here Now?" He said that he saw me based in or near Sarasota and having 4 other places in the region around that would also be very receptive to my teaching. It was clear that Florida would be my day to day home base, as I proceeded to extend my work out to some other parts of the United States that he had previously indicated would be very receptive. He also pointed out to me that at that moment, because of hesitation to follow my inner guidance, my light was not illuminating Michigan or Florida. I immediately saw where I was falling short in listening to the higher voice. Cristo had told me months before that I needed to be there in the Florida matrix of energies for things to take shape and unfold, but I was trying to do it in bits and pieces, planning 2 or 3 activities and then going down from Michigan for a few days to implement them. It would probably take a very long time to reach critical mass doing it that way. I saw that I needed to be there on a daily basis to truly be in the matrix of energies and allow them to shape things around me.*

*Thinking about what Cristo said, over the next few days, I had to admit that what he said was true. Back in Michigan, I felt like an eagle, filled with the energy to soar, that for some reason is standing still and not flying. This did not feel good. It felt like being stuck in the limitations and patterns of the*



*past that do not fit the present or future. Cristo had told me on multiple occasions that Michigan was not the right place for me because there are relatively few people who can receive what I offer. Many people, although spiritual and practicing various forms of spirituality, hold to all sorts of philosophical and religious concepts, picked up from various sources, that prevent them from understanding or being open to receive the kind of transformation that I have experienced and that I am here to share with those able to receive it.*

*I have begun to understand that the people that I am to work with are not distributed evenly throughout human society, just as the diamonds deposits of this planet are not distributed evenly throughout all soil, in all places, but are clustered together, in greater quantity, in a few very specific places. Throughout the world there are only a few places where there happen to be sufficient numbers of people who have the degree of development, conceptual openness, and inner resonance to hear and receive and resonate with what I am offering. Even in these places the numbers may not be large, but they are large enough to work with. This does not mean that there are not very highly evolved people in Michigan, but that they are not in sufficient numbers in one place and/or other necessary conditions may be lacking to enable the critical mass for what I am bring forth.*

*One of the archetypal patterns that Cristo perceives in my 9<sup>th</sup> Chakra has a complex meaning and can be stated in a variety of ways. The gist of it is “The One Who Ignites Seed Groups Around The Globe, Re-Organizing With Transforming Vibrations, Those Who Have Already Been Organized.” He had described seeing me igniting flames and placing them at points around the globe and that they would spread and ignite and illuminate the spaces between them until everything was lit. I now understand what this means. A small percentage of humanity’s current population has evolved to a sufficiently high state of development that there is potential for them to receive a major transformation, that will bring them to a higher level of consciousness and service. This in turn will lift all of humanity. Many of those who are most highly evolved have had their consciousness and energy organized and imprinted by many things, including a variety of religious, philosophical, and societal concepts, some of which may be helpful at this point on their journey and some of which may have be less helpful or even detrimental, holding them back from achieving the highest and swiftest degree of transformation.*

*I am to teach and provide energy to transform, re-imprint, re-align and re-organize those who have already been imprinted and organized, so that they may transform to a higher level. This includes helping them identify and release any existing patterns and understandings that may not be useful for transforming to their next stage of development and pointing them to ways of thinking that will be more beneficial. Some may only need some fine-tuning. Others may benefit from a deeper and more thorough re-organization.*

*Cristo and other intuitives have noted that when we interact with others, we do not do so just on a physical plane, but that vibrating lines or beams of energy will travel between the Crown Chakras, Throat Chakras, Heart Chakras, Solar Plexus Chakras, Sacral Chakras and other chakras of those with whom we interact. There is a subtle exchange of energy and information at many levels. Cristo has also noted that if infants and young children are cared for by people who have an open sacral or solar plexus chakra, that their open chakras will tend to stimulate the opening of the chakras of the children in their care. Likewise, if caregivers have closed or suppressed chakras, it can negatively impact or suppress the chakras of the children under their care. We are influenced by the energy of those around us and we also influence others*

*Cristo has pointed that those upon the Earth who have highly developed Crown Centers serve as the Crown Center function for the collective of humanity. They stimulate the Crown Centers of those around them. Likewise we may presume that those with highly developed Heart Chakras serve as the*

*Heart Chakra function for the collective of humanity. The above statements are essentially true, until such time that all human beings have these chakras fully open and functional. The resonance, vibrations, insights, inclinations, and actions of those who have these chakras open, lift, stimulate, guide, and prompt the Heart and Crown Chakras of those who do not yet have these chakras open, and will eventually help them to open.*

*In the same manner, those who activate the Central Channel and Higher Chakras above the Crown Chakra, and begin to merge with the Logos and transmit the energy of the Logos, serve as the activated Central Channel and Higher Chakras for the collective of all of humanity. Their vibration resonates, stimulates, and activates all of those around them. The more people who are activated at the higher levels and transform to a much higher level of awareness and expression, the more that all of humanity will more swiftly move forward and upward together. One of the key ways that I am to serve in this life is to be an catalyst for those seeking great transformation, stimulating and activating their Central Channels and their Higher Chakras, and influencing them toward merger with the Logos.*

*Most human beings are working on issues pertaining to development at the level of the Root Chakra (survival), Sacral Chakra (relationships), and Solar Plexus Chakra (emotions). Some are developing at the Crown Chakra Level. A very small number are fully developed at the level of the Heart Chakra. A tiny fraction of humanity is actively developing higher centers of consciousness above the Crown Chakra. Some human beings have an energetic foundation built over 4,000, 5,000, 6,000, or 7,000 lifetimes. Some have had less than a 1,000, or only 2,000, or 3,000 lifetimes of experience and development. Some have none of the 12 Lines of Force completely developed and some have one, two, three, or more of those lines developed.*

*We are all conditioned differently. We are all bringing forth and expressing different archetypal patterns. We have different growth trajectories. We have been conditioned in very different ways. We literally operate on and are influenced by different energy frequencies, some predominantly resonating for instance on the blue ray, some on the red, and so forth, so that we express very differently in the world. Therefore, it is inevitable that some will be drawn to one thing and some to another and that some things will match very well and complement and support each other, and that some things by their unique attributes naturally will not fit so well with some other things.*

*A percentage of the people on the planet will be on a growth trajectory and will be developing at levels, such that they will resonate harmoniously with me and gain much by being in close relationship with me. There are others who by their essential nature and growth trajectory will naturally not be drawn to me at this time. Those who are opening at the levels above the Crown Chakra will tend to be drawn to me and will benefit by the teachings, patterns, and energy that are expressing through me.*

*I am faced again with what Cristo said a year ago, at the beginning of December of 2014, when he told me about the 8 seed energies of rapid transformation that had been implanted in my energy field that required proper soil for them to grow and flourish fully in my life. The human energy field has a capacity to evolve to a very high level and receive and transmit very high vibrations. When one is surrounded by very high and resonant vibrations one's chakras and archetypal patterns begin to open, activate, respond and function at higher and more refined levels.*

*To achieve the greatest blossoming it is not sufficient that the vibrations are high, but that they also be resonant. Patterns that do not match, even if they are of very high vibration, tend to impede progress. It is like playing Beethoven's 9<sup>th</sup> Symphony when Beethoven's 5<sup>th</sup> Symphony is being played in the same room. Both symphonies may be great music, but they are not meant to be played together at the same place and time, as that would result in dissonance. Well intentioned, highly spiritual persons*

*have unique energetic natures that may or may not match each other very well. It is difficult to attain the highest degree of mutual synergy when one does not resonate with what the other resonates with and when what most excites, satisfies, and fulfills one does not excite, satisfy, and enhance the other. In some instances, people may be at different stages of evolution and transformation. It can also be that they are simply energetically different, with some people naturally expressing different musical keys, melodies, or rhythms, or being tuned several octaves apart.*

*A musician who loves and plays a certain style of music benefits from having a circle of close acquaintances who are truly interested in hearing, and receiving, and joining in producing similar music. It helps to have others who can enthusiastically receive what is played and play back something that complements and harmonizes with it. Not every person will be highly responsive to my teachings and able and motivated to converse about them and act on them. At some point, humanity will perceive that things that are similar tend to go together and will place greater focus on bringing together people and circumstances, that truly match, instead of trying to hold together things that by their very nature do not match well and require constant attention and energy to hold together. Forcing together parts of a puzzle that by their very nature do not fit together does not bring about a harmonious result.*

*It is of great value to humanity when a spiritual teacher is able to dwell in a sacred space where people and circumstances are highly resonate with and enhancing of his or her unique energy and gifts. It is of great value for a spiritual teacher to have time to meditate, be in receptive awareness, write insights that are received, seek to transform to the highest degree, attain to the highest heights, and share with others what has been attained. I have received guidance that for me a sacred space exists in Florida. There are great Nature Devas in the area, with which I am connected and attuned. There are also people of similar resonance. It is clear that I must swiftly move to Florida and put down roots and be in that matrix of energies so that I and the eight seeds of radical transformation within me may fully blossom.*

*In the first pages of this document, I mentioned an act of initiation that took place in November 2014, and how I asked to be initiated. I have asked for similar initiations several times in the intervening time. Each time, I have requested that all parts and patterns of the Personality that are not useful be removed so that this may be a clear space in which the Divine Light can shine unimpeded and have precedence. It seems that these prayers have been heard and that more and more has been cleared away each time.*

*As one can see from Cristo's descriptions of what is going on at an energetic level, great transformation is taking place at many levels and in many different ways. I have a physical body and memories of my life to date and of patterns that have built up over time, but in many ways this is a radically different person than the one of 20 years, 10 years, 5 years, and 1 year ago. What is here now perceives differently, reacts differently, feels differently, and values and prioritizes differently. I have experienced a great stripping away of all sorts of societal and conceptual understandings and even the sense of self is radically different. Certainly, I am not perfect, have much to learn, have some remaining obstacles, and experience various limitations at the level of the personality. However, more and more it is the Logos who is the influential Self here and the human aspects of self, although still here to a degree and in a variety of ways and aspects, is significantly diminished and continues to diminish. The expansion and blending of perception and experience across the levels of existence is interesting to behold. I expect that this will increase as transformation continues.*

*How does one explain to others what it feels like to have a connection with God that is at least a thousand times greater than one perceived just a few years ago? How does one explain that one must*

*move with the Divine promptings that arise from the inner Luminous Presence? How does one explain when the Divine promptings call one to step out and step forth beyond the current patterns of one's life? It is not easy, but that is the current state, and I pray to move ahead in Grace and Love.*

*Later chapters in this book will address things I have learned and specific practices that I have used that have greatly helped me move forward on this path. It should be noted that the things addressed in this chapter were only a fraction of what was addressed in the many sessions that I have had with Cristo. A future book will make available much more, providing rich insights into many other aspects. What is presented here illuminates a process that was taking place at the higher levels of consciousness. It is a portion of journey or process that others have experienced and that some are currently experiencing. It is a journey or process in which all of us are currently engaged, although many have not yet experienced the specific portion of the journey described here.*

*It is hoped that providing this information will be a significant inspiration and of great practical assistance to those who are entering or already upon this portion of their journey. Keep in mind that the key point being conveyed is that rapid transformation is possible and that when without reservation we offer the little that we have to God, God can take it and turn it into something significant. It is the powerful assistance of the higher dimensions that speeds and enables our transformation.*

*It was not happenstance that I met Cristo at this point on my journey. We are guided and given what we need. I give thanks to God and to the bright beings to who assisted and blessed my path. I give thanks to family and acquaintances that have encouraged and supported me on my path, even when not fully understanding that path. I give thanks to Cristo for his highly beneficial insights, great energy work, and his friendship throughout this time of exceedingly rapid transformation.*

*If after having read this, you believe that it would benefit others, I truly would appreciate your contributions to help me complete the writing and publication of this book. Information on the different way that one may contribute is provided at [www.davidwinfree.com/gofundmeproject](http://www.davidwinfree.com/gofundmeproject)*

*May your path be blessed and illuminated and may you attain your Highest Divine Expression!*



*David Winfree*